

SIZE Processⁱ

Internationally there are only 10 officially certified SIZE Coaches – Carolin Ziller is one of them.

The profile is based on the concept and scientific findings of transactional analysis and its further development. This profiling is not another psychological test but a status quo analysis of your strength, talents, and resources. You will find hypotheses how you act when you lose your balance, when you are stressed and you drop into rather contra productive behaviour patterns.

The SIZE personality model is a new and comprehensive personality and communication concept.

For everyone! Especially for executives, managers, sales people, consultants and trainers.

The concept helps you to recognize your own behaviour patterns and coordinate it with the personality types you need to communicate with. It also gets you where you want to be quicker and lasting.

You increase your ability to communicate, to motivate and your social competency will be enriching for your personal and professional surroundings.

You will recognize six different personality types, you are living with in your private and professional life. These personalities are categorized due to their character traits, strengths, talents, desires, communication, behaviour and stress patterns.

This way you can quickly recognize the type you are talking with, adapt your understanding and stay in contact throughout the whole conversation.

The model is easy but not simple, based on best practice and thorough research you will find it very useful and reliable.

